

NOOSA LIFE

FOOD | ENTERTAINMENT | MUSIC | THEATRE | EVENTS | SEVEN-DAY TV GUIDE



Making a difference

Noosa surgeon reminds women to make breast health a priority

■ Angela Norval

ALTHOUGH October traditionally is the month we all think pink in honour of fundraising for further breast cancer research, it is the important people behind the scenes who are continuing to make a difference on a local level every day.

Noosa Hospital general surgeon specialising in breast and endocrine surgery Felicity Adams continues to remind women when it comes to changes in their breasts to never put off seeing their GP.

"This is the most important message I can give to women is that they

should never put it off hoping it will get better," she said. "Don't assume that because your mammograms are up to date or if the change/lump isn't getting any worse, it isn't anything to worry about; just get it checked out by your doctor.

"Events such as Pinktober are beneficial to get women talking about breast cancer so hopefully the can be a support for each other should they find an abnormality in the breast or if they were to be diagnosed with breast cancer."

Felicity herself has a lot to be proud of, given she is one of a few female general

surgeons on the Sunshine Coast, and the only one at Noosa, providing a different option for many patients.

When asked what characteristics helped make her a good surgeon, Felicity highlighted that it was as simple as having empathy towards others, being a good listener, having a clear focus and being hard working.

"I bring a commitment to providing a long-term service to the northern Sunshine Coast community, through establishing myself at Noosa Hospital full-time.

"I also think being a younger fellow complements the decades of experience

offered by other excellent surgeons there, such as Dr Smith and Dr Curley.

"I am proud to be a mother and proud to be a surgeon and I believe a good surgeon needs balance.

"As I am a relatively new mother and I've only started my business this year, I am finding that sometimes perfecting the balance between home and work is difficult however I feel privileged to have the opportunity to enjoy both of these things."

Felicity is another example of a well-trained professional being attracted to the Sunshine Coast for its

laid-back lifestyle and exceptional medical facilities available.

For Felicity, Noosa provided an opportunity to work with Dr Allan Smith, who had been her mentor during her first year of surgical training, while Noosa Hospital is big enough to have all the major facilities and services but small enough she has gotten to know the staff by name.

"I have been planning my permanent move to the Sunshine Coast for many years now; so firstly it is good to be at Noosa because, finally, I can get settled and build my long-term future

through developing my practice.

"I think the community has great pride in its hospital and is really committing to supporting it, whether it be through many volunteers or just the wish to be treated there should they fall ill.

"This pride is reflected in the patients and the staff and that makes it a more enjoyable place to work."

SPREADING THE MESSAGE:
Noosa Hospital general surgeon specialising in breast and endocrine surgery Felicity Adams.

PHOTO: CONTRIBUTED



Serving The Community

Visitors Welcome
FREE Courtesy Buses Available

www.noosarsl.com.au
Phone 5447 1766 Memorial Ave, Tewantin QLD 4565

